

Three New Adventures

Adventure Travel Tours, your premier active adventure vacation planner, is proud to announce three new adventure tours: Kayaking the Blue Waters of Mexico, Hiking the Great Eastern Trail, and Alaska Railroads Scenic Rail Tour. Beginning in 2008 Adventure Travel Tour Guides will begin leading expeditions to complete each of these exciting adventures.

We invite you to join us on one of these exciting adventures. To find out more about these adventures, Tracey Lynne, our adventure travel expert, has composed this introduction to the adventures to whet your appetite. Please feel free to contact Tracey at Adventure Travel Tours to learn more about any of these adventures!

Kayaking the Blue Waters of Mexico

Join us for a 7 day adventure in Mexico. The trip includes 4 days at a charming beachfront resort near Loreto. Spend the days hiking, snorkeling, kayaking or just unwinding in a beautiful secluded location. Sleep in comfortable beachfront casitas, and eat delicious wholesome home-cooked food. The last 3 days we will pack up for an Island paddling camping trip – a perfect getaway for the whole family.

Hiking the Great Eastern Trail

The Appalachian Trail runs from Georgia to Maine. We have selected a 100 mile stretch through Virginia. This 10 day adventure will bring the whole family closer to nature and allow for time along the trail to learn about the plants and animals. One of the highlights of our hike will be High Knob Tower in northwest Virginia.

Alaska Railroads Scenic Rail Tour

Want an adventure but don't like to kayak or hike? Well then, join us on this amazing adventure through the heart of Alaska. The Alaska Railroad provides comfortable seating and a knowledgeable tour guide. The scenery is world class and the food is first class. We will start in Anchorage and end in Fairbanks with a host of destinations in between.

Travel Light

One of the biggest mistakes people make when traveling is over packing. As you get off planes or trains you will see people struggling to keep all their belonging together. Ever wonder how much they wish they could dump if it hadn't cost so much? The following list is a suggestion for packing for cool climates.

Loose, light, black long pants; nice enough to wear out in the evening and for keeping the mosquitoes off after dark

Quick drying, khaki colored pants or skirt

One or two colored T-shirts

Short-sleeved poly shirt or tank top to wear under anything

Long-sleeved light colored shirt

Hat

Two or three pairs of underwear

Two pair quick-dry socks

Light running or walking shoes (wear on plane)

All weather, synthetic (not leather), black walking sandals

Coated nylon windbreaker with tie-tight hood
Thin black acrylic or wool knit sweater (wear on plane) that can go under a shirt and windbreaker
Bar of glycerin soap for skin, hair and clothing; baggie to store it
Nail file, tweezers, tiny scissors, mini sewing kit
Comb, razor with blade cover, toothpaste and tooth brush
Sunscreen, SPF 30 lip gloss, small Vaseline for dry skin, insect repellent containing Deet

Learn More!

To learn more about any of our adventures, call us at (800) 555-6877 or visit us on the Web at www.adventuretraveltours.com.